

# PURA News

Purdue University Retirees Association

March 2017

## West Lafayette School Superintendent Speaks at February PURA Meeting



Rocky Killion, superintendent of WL School Corporation, presented the monthly PURA program on February 6, 2017. His presentation focused on the assets of the corporation. Its mission is “Sustaining Our Excellence, Growing Our Future”, and that mission is being realized based on the following facts. From 2011-2016 the corporation boasted the highest SAT scores in Indiana and had a 100% graduation rate in 2016. It has an award winning K-12 arts and music curriculum with a 70% student involvement rate. The corporation also has an award winning

athletic program, all grades had an “A” grade, and the average elementary class size is 23 students. The corporation has the lowest administrative costs in the state. The last 4 years have seen an increase of over 400 students with less funding from the state.

Dr. Killion highlighted new construction and upgrades in the planning process for Happy Hollow, Burtsfield, Cumberland, and WL Junior/Senior High School. All current facilities are overcrowded and outdated, with Happy Hollow having the smallest square foot classrooms in Indiana. Planned construction and renovation will cost \$60 to \$80 million dollars. That investment will allow for planning for an expected increase in students as well as the repurposing of Happy Hollow to an early childhood/kindergarten center. He urged West Lafayette residents to vote on May 2, 2017 to support the renewal of the General Fund Referendum. (O. Wood)

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## PURA Student Scholarship Endowment over half way to \$50,000 pledge!!!

The PURA Student Scholarship Committee began an exciting journey in 2015 by pledging \$50,000 to create the PURA Student Scholarship Endowment, with available dollar for dollar matching money. As of December 31, 2016, contributions in the amount of \$29,468 have been received. Thank you PURA members for clearly demonstrating your loyalty and commitment to providing opportunities for students who would otherwise not be able to afford a university education. This endowment will fund scholarships for Indiana students with substantial financial need.

If you wish to contribute, your tax-deductible donation can be made by check or credit card. Mail a check payable to the Purdue Foundation, with **PURA Student Scholarship** noted in the memo line, to: Purdue Founda-

tion, Dauch Alumni Center, 403 W. Wood Street, West Lafayette IN 47907-2007. You may contribute on-line at <http://Giving.Purdue.edu/PURA>.

Contributions of any size are welcome and we still have \$20,000 waiting to be matched. Your contribution can change the lives of a new generation of students.

Again, thank you for your 2016 contribution.

PURA Student Scholarship Committee:

Melinda Bain, Dan Collins, Fred Ford, Joyce Koelzer, Betty Nelson, John Norberg

## EXECUTIVE BOARD PROPOSES BYLAW CHANGES

The PURA Executive Board, at the December 7, 2016 and February 1, 2017 meetings, voted to accept proposed Bylaw changes presented by the PURA 2020 Task Force. PURA Bylaws require the proposed changes be published for member information before a member vote can be taken for final approval. The proposed Bylaw changes, with rationale, are presented below and will be discussed and acted upon at a subsequent monthly Association meeting following publication.

For the complete copy of the proposals, which includes all replaced parts, please consult the PURA web site at [www.purdue.edu/retirees](http://www.purdue.edu/retirees).

### **ARTICLE I General, Section 1.2 Business Year.** (approved by the PURA Executive Board on December 7, 2016)

The business year of the Association shall begin on the first day of July and end on the last day of June next succeeding.

**Rationale:** To align PURA's business year with the University fiscal year.

### **ARTICLE V Association Governance, Section 5.2a. Composition of the Executive Board** (approved by the PURA Executive Board on February 1, 2017.)

The Executive Board shall consist of the Officers of the Association and Chairs of the Committees. Each shall have one vote.

**Rationale:** The previously used word "standing" was removed when referring to committees. All committees are considered equal in their status on the Executive Board.

### **ARTICLE V Association Governance, Section 5.2b. Composition of the Executive Board** (approved by the PURA Executive Board on February 1, 2017.)

5.2b was removed from the Bylaws. It stated: *Non-voting members of the Executive Board shall consist of ex officio members representing Purdue and chairs of any ad hoc committees of the Association.*

**Rationale:** By definition these terms do not carry voting status and if/when used are limited to short term PURA needs. Advisors or consultants may be appointed to the Board without vote.

### **ARTICLE VI Committees. Section 6.1. Committees** (approved by the PURA Executive Board on February 1, 2017)

The activities of the Association shall be planned and implemented by its committees, currently Benefits, Campus and Community Activities, Communications, Endowment, Hospitality, Kick-Off Luncheon, Program, Purposeful Living in Retirement, Scholarship, and Trips and Tours.

1. The Executive Board shall have the authority to create, restructure, and disband committees as circumstances dictate.
2. The Nominating Committee shall recommend a slate of committee chairs to the Executive Board for approval prior to the Association's Annual Transition Meeting.
3. Committee members shall be recruited by their respective chairs and confirmed by the Executive Board.
4. Committee chairs and members shall assume their responsibilities at PURA's Annual Transition Meeting.
5. The President of the Association shall inform the President of Purdue University annually of the names of the members serving on the Executive Board and the Association's committees.

**Rationale:** 1) To name the current PURA committees and clarify the role of the Executive Board and Nominating Committee in recruitment and appointment of committee chairs and members. 2) To allow for greater flexibility in appointment terms of committee members and additional time for the appointment process.

### **ARTICLE IX, Amendments. Section 9.2, Procedure to Amend.** (approved by the PURA Executive Board on February 1, 2017)

Any proposed amendments to these Bylaws will be published in the *PURA NEWS* and will be discussed and acted upon at a subsequent monthly Association meeting following publication.

**Rationale:** The current publication calendar for *PURA NEWS* allows for a shorter time span between publication of Bylaw revisions and vote of the membership.

## Purposeful Living in Retirement Conference Slated for April 19

It's almost here!

Speakers are ready for the day-long PURA Purposeful Living in Retirement Conference to be held on April 19. This annual spring conference is open to PURA members, their guests, and the local community. The event will be at the Beck Center on U.S. 52 North beginning at 8 a.m. and ending at 3 p.m. The presentations, continental breakfast, lunch, exhibits, door prizes and fun will be provided for \$15 per person.

The program topics and speakers are:

- Eating Healthy for a Better Retirement: Professor Wayne Campbell
- Let's Get Moving - Exercise for Retirees: Helping

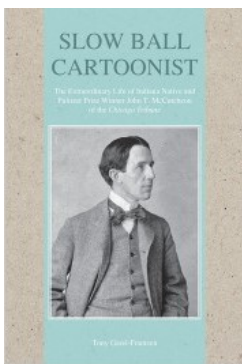
Your Doctor Access Your Physical Fitness, Lane Yahiro of Ismail Center. Motivation and the Psychology of Exercise, Dan Ritchie of Miracles Fitness

- Make It a Joyful Journey, Caregiving: Jane Flynn
- Technology Got You Baffled? Here Are Some Answers: Scott Ksander
- 911: Tips for Medical Emergencies: Smokey Anderson and Paul Reeder with Tippecanoe Emergency Medical Service; Karen Bullard and Carolyn Bailey with Franciscan Alliance Health Care
- Insuring Our Health: Professor Don Gentry

Look for program and registration information in your mailbox in March. (J. Norberg)

## TWO COMMON READS for 2017

PURA's Campus and Community Activities Committee is pleased to announce one Common Read experience for Spring 2017 and another for Summer 2017.

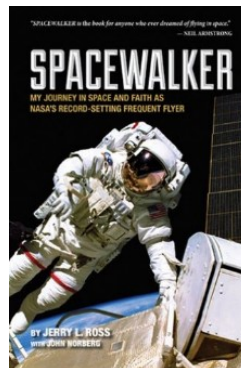


The Spring 2017 Common Read program will be held on March 24, when PURA members will have the opportunity to learn about influential cartoonist and Purdue graduate, John McCutcheon. Nick Schenkel, of the West Lafayette Public Library, will discuss the book *Slow Ball Cartoonist*, profiling McCutcheon. It is a Purdue University Press publication written by Tony Garel-Franzen.

McCutcheon's cartoons appeared in the *Chicago Tribune* from 1903 to his retirement in 1946, including the famous "Injun Summer," which first appeared in the paper in 1907, and appeared annually thereafter for decades. McCutcheon was the first Tribune staff member to earn the coveted Pulitzer Prize for his poignant 1931 cartoon about a victim of bank failure at the height of the Great Depression.

The program on March 24 will occur from 3:00 to 5:00 PM, in the Purdue Archives on the fourth floor of the HSSE Library (enter below the mural and go back to the elevator on the right). Mr. Schenkel will discuss the book and present selected cartoons and other archival materials available on John McCutcheon that can be shown only in the archives. In addition, information will be shared about archive collection building, and how researchers develop projects based on archival collections.

We encourage PURA members to park in the Grant Street Parking Garage near the Union for this campus event. Refreshments will be offered.



In August 2017, in conjunction with the Big Ten Retirees Association Conference, there will be a special Common Read event at which PURA members will have the opportunity to hear authors Jerry Ross and John Norberg discuss their book, *Spacewalker, My Journey in Space and Faith*, an autobiography chronicling Mr. Ross's experiences as a NASA astronaut. "The majority of the book is an insider's account of the U.S. Space Shuttle program, including the unforgettable experience of launch, the delights of weightless living, and the challenges of constructing the International Space Station. Ross is a uniquely qualified narrator. During seven spaceflights, he spent 1,393 hours in space, including 58 hours and 18 minutes on nine space walks. (extract from Amazon's book description)

Further details will be shared nearer the time of the summer Common Read.

**To reserve a seat for the March 24 program**, phone Michele Salla at (765) 494-1779 or email her at [masalla@purdue.edu](mailto:masalla@purdue.edu)

Both books will be available for purchase at the March 6 PURA monthly luncheon (at MCL cafeteria), at reduced prices.



## March Brings The Iditarod - "The Last Great Race on Earth"

- The first Iditarod took place in 1973 and took about 20 days to complete. Currently, it takes about 10 days. The winner in 2016 set a new record at 8 days, 14 hours, 19 minutes. (The last place time was 32 days in the beginning, and now it's about 13 days.)
- The distance varies. The race course is about 1000 miles, but it can vary depending on snow, ice, and other terrain conditions. Also, the race alternates between a northern course and a southern course every year.
- The last place finisher gets a special prize. It's a race tradition to light a lantern at the finish line in Nome when the race begins and leave it lit as long as there are still mushers out on the trail. Some sled races started handing out lanterns to the last place finisher as a joke, but now the "red lantern" is an official prize to bear proudly. When it comes to the Iditarod—1000 miles of snow, ice, frostbite, sleeplessness, danger, and mud—just



finishing is no small achievement.

- The teams average 16 dogs and over 1000 dogs participate in any given race. The dogs wear booties to protect their feet, and require 10-12,000 calories a day.
- Dallas Seavey, at age 18, was the youngest musher to have run in the race; and youngest winner at age 25, in 2012. The oldest musher to compete was Col. Norman Vaughan, who competed in 13 Iditarod races (completing 6), the first at age 72. His last finish was in 1990 at age 84. (He also made history as a member of the first Byrd Antarctic Expedition in 1928-30, for which he was the chief dog driver. More information at: [www.normanvaughan.com](http://www.normanvaughan.com))
  - It's a family affair. Dallas Seavey's father Mitch became the oldest winner at 53. Mitch's father, Dan, had finished third in the 1973 race. Other Iditarod families include Anna and Kristy Berington, twin sisters, and the Mackeys – father Dick, and sons Rick and Lance, who each won the race on their sixth attempt, each while wearing number 13.

The race begins at 10am on Saturday, March 4. If interested, you can follow this year's race at [Iditarod.com](http://Iditarod.com).

## Nursing Center for Family Health (NCFH) Offers Swallow Screenings

NCFH will again offer free Wellness Screenings in the spring for those retirees/spouses that did not have one in the fall. We will also be offering Swallow Screenings on an appointment basis for those retirees/spouses that feel they have a swallowing issue.

Appointments will be in March and April and can be done at the same time as your Wellness Screening, and are also free. If you had your Wellness Screening in the fall and would like to schedule a Swallow Screening, you may also schedule just the Swallow Screening.

Appointments are limited and performed by SLHS Purdue I-Eat Swallowing Research Clinic. Swallow Screenings will be on a no charge, limited appointment pilot basis. **Spring dates for wellness and swallowing screenings are 3/10, 3/31 and 4/7. To schedule, call Chris Rearick at 765-496-0308 or send email to [crearick@purdue.edu](mailto:crearick@purdue.edu)**

## Winter Health Tip: STAY HYDRATED

Most adults should drink about 64 ounces of fluid a day. Caffeinated beverages are not included. Caffeine dehydrates. Tips to increase your fluid intake include diluting your juice, sip on ice chips throughout the day, drink broth on warm days instead of tea or coffee. Eat snacks that are loaded with water, such as tomatoes, celery and cucumbers. Treat yourself to a smoothie. Don't pass the sink without taking a "swig".

As we age our kidneys do not conserve our fluids as they should. Remember when you sweat or get warm that you will lose fluid that needs to be replaced. [www.AgingCare.com](http://www.AgingCare.com) (C. Rearick)

## Mark Your Calendars!

**6 March PURA Monthly Meeting**, MCL Cafeteria, 11:00 AM

**Topic:** Is Fat a Sixth Sense?

**Speaker:** Rick Mattes, Distinguished Professor, Purdue department of Nutrition Science

**24 March Spring 2017 Common Read Discussion**, Stewart Center, HSSE Library, Purdue Archives on the fourth floor (elevator available), 3-5 pm

**Topic:** *Slow Ball Cartoonist*, by Tony Garel-Franzen

**Facilitator:** Nick Schenkel, W.Lafayette Public Library

**3 April PURA Monthly Meeting**, MCL Cafeteria, 11:00 AM

**Topic:** 100 Years of Indiana State Parks

**Speaker:** Benjamin Clark, Historic Preservation Officer, Indiana Dept. of Natural Resources

**19 April Purposeful Living In Retirement conference**, Beck Agricultural Center, U.S. 52 North

**26 April Purdue Day of Giving**

**1 May PURA Monthly Meeting**, MCL Cafeteria, 11:00 AM

**Topic:** Introduction to Purdue's New Athletic Director

**Speaker:** Mike Bobinski, Athletic Director

**25 May Spring Fling**, Purdue campus, details available later

**5 June PURA Monthly Meeting**, MCL Cafeteria, 11 am

**Topic:** What is Virtual Reality and How Can It Be Used?

**Speaker:** Laura Theademan and George Takahashi

**3 July PURA Monthly Meeting**, MCL Cafeteria, 11 am

**Topic:** Self-driving Cars

**Speaker:** Dr. Srini Peeta, Hockema Professor of Civil Engineering

**7 August PURA Monthly Meeting**, MCL Cafeteria, 11 am

**Topic:** Honey Bee Research

**Speaker:** Greg Hunt